



## Important benefit information

Please keep for your records

### Welcome to Express Scripts!

We're the manager of your home delivery benefit for Highmark Blue Shield. We'll help you quickly get the prescription drugs you need.

You can use your member ID number when you send in a new home delivery prescription or visit our website for the first time.

Have a question about a prescription? Call us! Our pharmacists are available 24/7 to help you out. No matter how you refill your home delivery prescriptions – by phone, mail, online – we'll work with you and your doctors to help safeguard your health.



*Please see other side for more information about home delivery with free standard shipping. >>*

### See your copayments and other important information online:

- Choose opportunities to save money.
- Easily refill and renew your home delivery prescriptions.
- Receive automatic health and safety alerts.
- Contact a pharmacist.

LTR682102A 09/2014

### Get started today!



Review your benefits at:  
[www.highmarkblueshield.com](http://www.highmarkblueshield.com)

Activation is easy. When you go online, be sure you have your new member ID number handy.

*Please don't wait. If you have questions or don't have Internet access, call us toll-free at the number on the back of your ID card. One of our Member Service Representatives will be happy to help..*



## Health safety services

- Exclusive 24-hour access to pharmacists.
- Specialist pharmacists who are trained and experienced in the medications used to treat specific conditions.
- Safety alerts if a new home delivery prescription may cause harmful interactions with other medications we know you're taking.
- Tips to make taking your medicine easier.

## Worry-free services

- Free standard delivery right to your home.
- Receive 90-day supplies of multiple prescriptions in a single package.
- Automatically receive refill reminders by email so you never run out.

**For complete details about your prescription benefit, visit [www.highmarkblueshield.com](http://www.highmarkblueshield.com) or call us at the Member Services number on your Identification Card.**

Note: If your doctor prescribes a medication that is not on your plan's preferred list, yet an alternative plan-preferred drug exists, we may contact your doctor to ask whether that medication would be appropriate for you. You'll usually pay less for a plan-preferred drug.

Highmark Benefits Group is an independent licensee of the Blue Cross and Blue Shield Association. Blue Shield and the Shield symbol are registered service marks of the Blue Cross and Blue Shield Association. Highmark is a registered mark of Highmark Inc.

Express Scripts is an independent company that administers your prescription benefit for your health plan.



## Common questions about home delivery

### What is home delivery?

Your prescription benefit offers delivery of maintenance medications – those you need on a long-term basis – right to your door, with free standard shipping. (You should use a retail pharmacy for medications you take on a short-term basis, such as antibiotics.)

### How easy is it to try home delivery?

Very easy. Visit [www.highmarkblueshield.com](http://www.highmarkblueshield.com), sign in and go to quick links icon Fill Rx then choose which of your current maintenance medications you'd like to receive through home delivery. Or you can call us at the number on your ID card. We'll take care of the rest.

### Do I need to call my doctor about this?

Most people prefer to have us contact their doctor to get a new 90-day prescription for home delivery. Just get started as described above, and we'll follow up with your doctor if necessary.

### How long will it take to get my medication?

When you fill a prescription through home delivery for the first time, you should receive your medication within two weeks after Express Scripts receives your order. Refills are usually processed sooner – within 3 to 5 days.

[www.highmarkblueshield.com](http://www.highmarkblueshield.com)

Highmark Benefits Group is an independent licensee of the Blue Cross and Blue Shield Association. Blue Shield and the Shield symbol are registered service marks of the Blue Cross and Blue Shield Association. Highmark is a registered mark of Highmark Inc.

Express Scripts is an independent company that administers your prescription drug benefit for your health plan.



© 2014 Express Scripts Holding Company.  
All Rights Reserved.  
EME24364  
BR45306E



## Home delivery: Enhanced pharmacy care, convenience and cost savings

Home delivery from the Express Scripts Pharmacy<sup>SM</sup> can help you **stay healthy and lower your costs**. It's all part of your prescription benefit – at your door and at your fingertips.



Join the millions of others who have chosen to get their medications delivered at home, for less.





## To save you time and money on prescription drugs, choose home delivery today.

You'll get up to a 90-day supply of maintenance medications, with free standard shipping.



### Health and safety support

- Our pharmacists are available 24/7 to help answer your medication questions.
- Specialist pharmacists have in-depth training in the medications used to treat specific conditions, such as high blood pressure, high cholesterol and diabetes.



### Cost-saving services

- You'll typically pay less by getting up to a 90-day supply.
- Savings notifications let you know when you have new ways to save.
- Prescription benefit specialists can help you find other cost-saving opportunities, such as using generics.



### At-home convenience

- Enjoy free standard delivery right to your home.
- Automatically receive refill reminders by email so you never run out.
- Refill your medication by phone or online.
- With your permission, we will contact your doctor when it's time to renew.



### Online services

- Track your prescriptions and home delivery refills.
- View claims, balances and prescription history.
- Receive alerts if there's a prescription-related safety issue.

Get started with home delivery and review your online benefits.

Visit [www.highmarkblueshield.com](http://www.highmarkblueshield.com)



## Patient/doctor information continued

First name

Last name

Birth date (MM/DD/YYYY)

Sex

 M  F

Patient's relationship to member

 Self  Spouse  Dependent

Doctor's last name

1st initial

Doctor's phone number

First name

Last name

Birth date (MM/DD/YYYY)

Sex

 M  F

Patient's relationship to member

 Self  Spouse  Dependent

Doctor's last name

1st initial

Doctor's phone number

## Important reminders and other information

**Check** that your doctor has prescribed the maximum days' supply allowed by your plan (not a 30-day supply), plus refills for up to 1 year, if appropriate. Also, ask your doctor or pharmacist about safe, effective, and less expensive generic drugs.

**Complete** the Health, Allergy & Medication Questionnaire.

**There may be a limit to the balance** that you can carry on your account. If this order takes you over the limit, you must include payment. Avoid delays in processing by using e-checks or a credit card. (See Section 3 for details.)

**If you are a Medicare Part B beneficiary AND have private health insurance**, check your prescription drug benefit materials to determine the best way to get Medicare Part B drugs and supplies. Or, call Member Services at the phone number found on your ID card. To verify Medicare Part B prescription coverage, call Medicare at 1.800.633.4227.

**Express Scripts will make all possible efforts, as appropriate by law, to substitute generic formulations of medication, unless you or your doctor specifically directs otherwise.**

Pennsylvania and Texas laws permit pharmacists to substitute a less expensive generic equivalent for a brand-name drug unless you or your doctor directs otherwise.

**Check the box if you do not wish a less expensive brand or generic drug.**

Please note that this applies only to new prescriptions and to any refills of that prescription.

**For additional information** or help, visit us at [Express-Scripts.com](http://Express-Scripts.com) or call Member Services at the phone number found on your ID card. TTY/TDD users should call 1.800.759.1089.

*Federal law prohibits the return of dispensed controlled substances.*

Place your prescription(s), this form, and your payment in the envelope provided. Be sure the address shows through the window. Do not use staples or paper clips.

EXPRESS SCRIPTS  
PO BOX 747000  
CINCINNATI, OH 45274-7000

